



Spinal cord epidural stimulation for lower limb motor function recovery in individuals with chronic motor complete spinal cord injury

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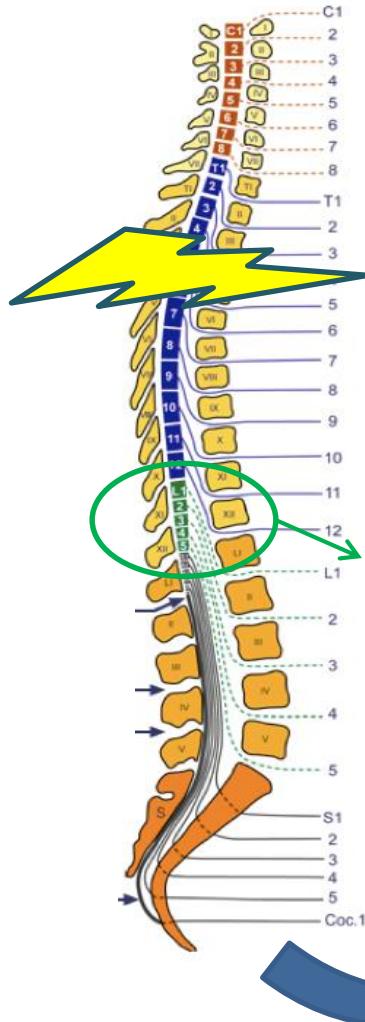
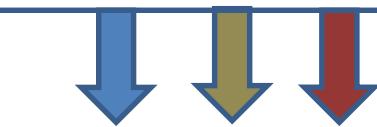
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WSSFN Webinar, February 2020

Chronic “complete” SCI

Non-specific
tonic input Fine motor
control



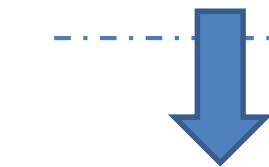
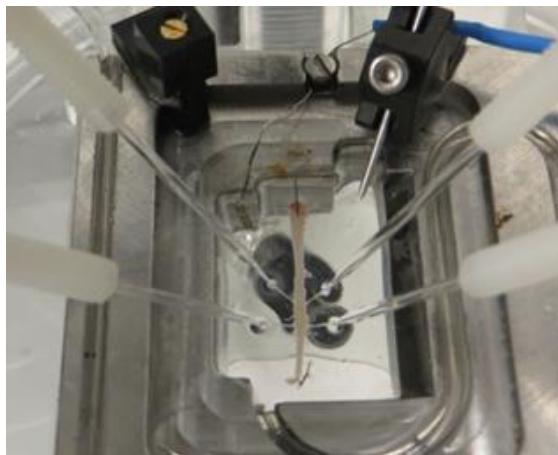
- Inability to stand and walk.
- The level of excitability of spinal circuits controlling posture and locomotion is compromised.

(Dietz et al., 1995; Harkema 2008; Cote et al., 2017)

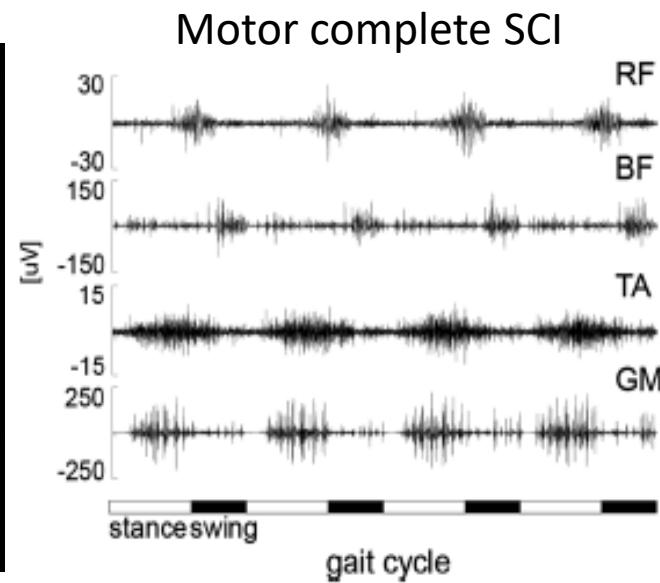
Spinal stimulation for motor recovery capitalizes on the human spinal cord sensory-motor potential that still persists after SCI.

“The spinal cord is smart” – 1. Automaticity

Pharmacological,
Electric or Tactile
stimulation can
generate oscillating
activation patterns,



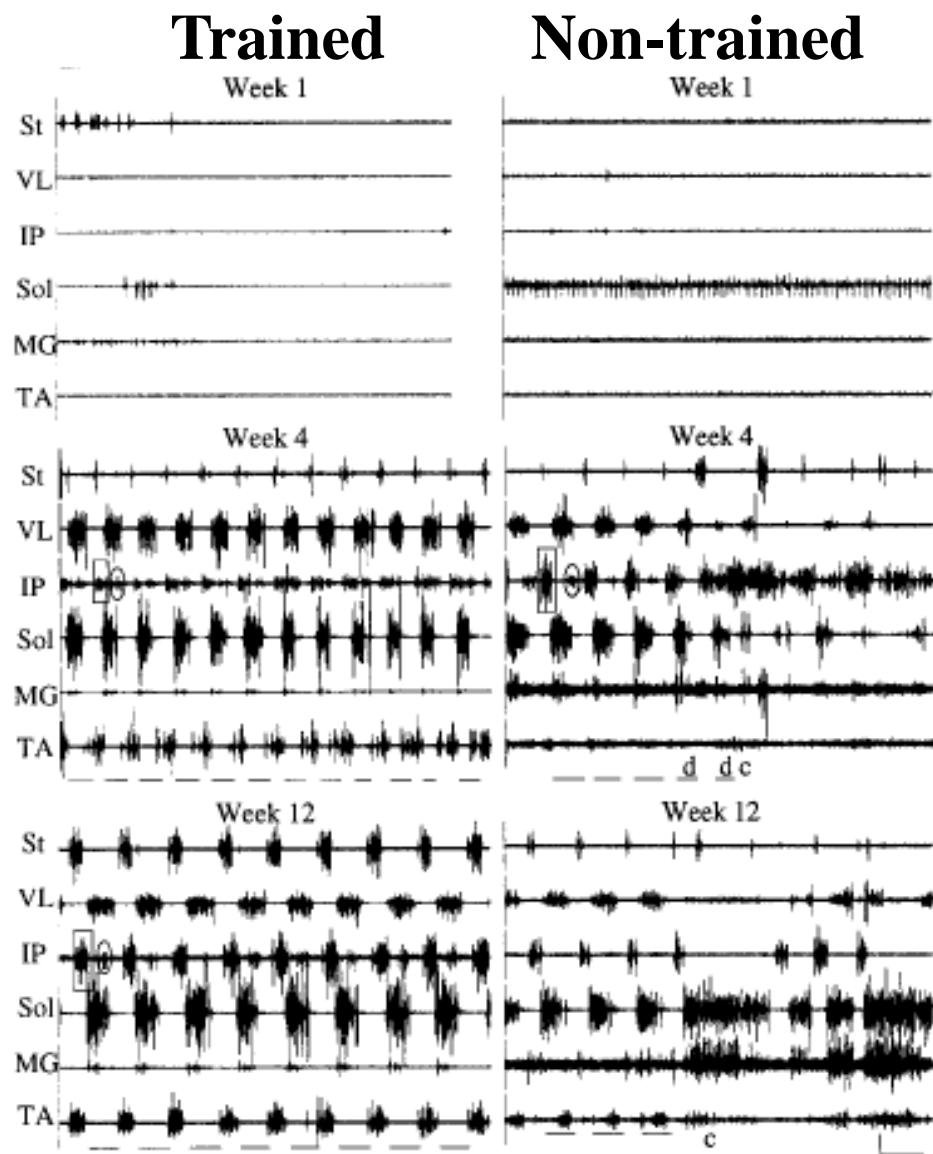
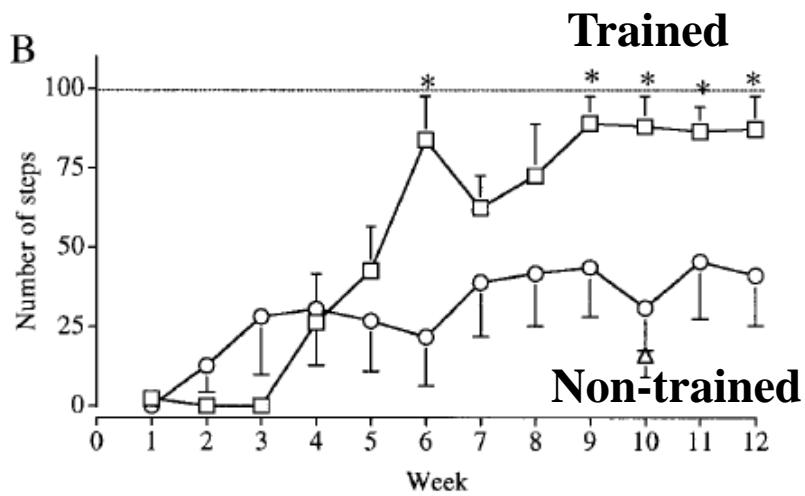
which can be
modulated by
peripheral
sensory
information



Hubli & Dietz, 2013

“The spinal cord is smart” – 2. Plasticity

After a complete transaction, the spinal cord can learn to perform a motor task



De Leon et al., 1998

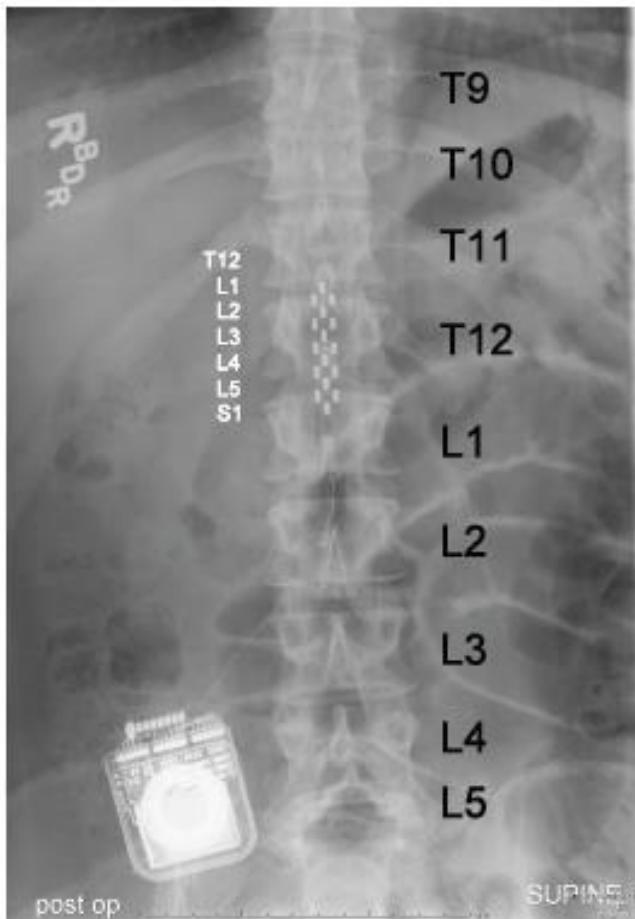
3. Residual Supraspinal Connectivity to the Spinal Circuitry after Motor Complete Spinal Cord Injury



Most (~ 80%) of clinically motor complete SCI (AIS A and B) are not anatomically complete.

Non-detectable and/or non-functional descending input can play a crucial role with spinal stimulation.

Spinal cord epidural stimulator



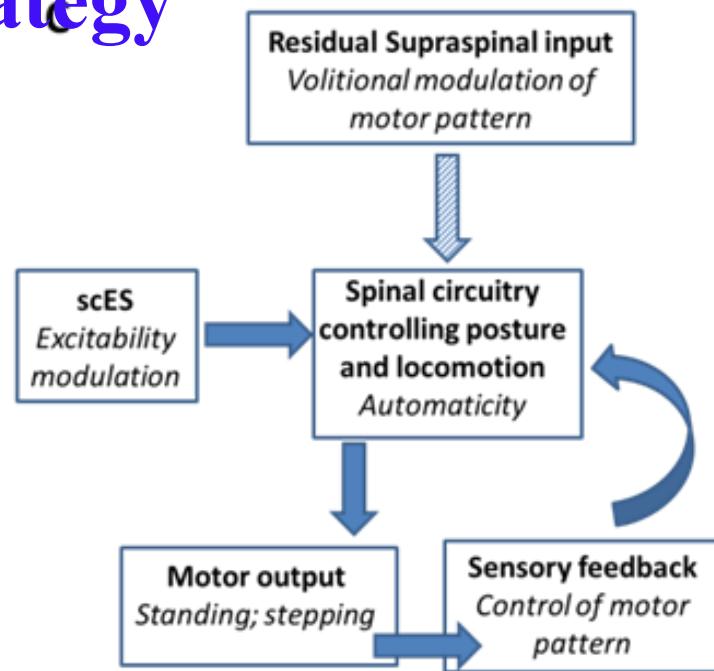
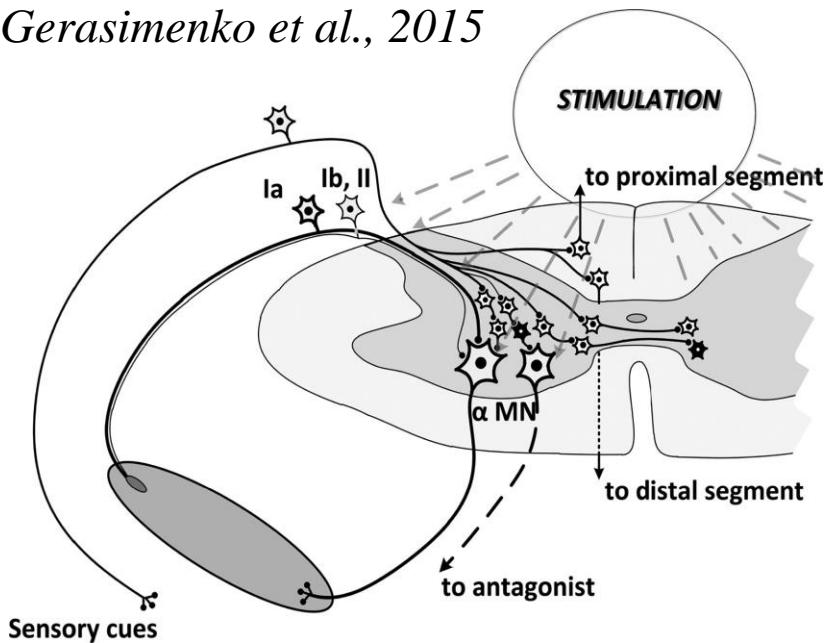
Arnold et al., 2019 → surgical placement and infections.

Boakye et al., *under review* → technical notes of surgical procedures

An epidural spinal cord **stimulation unit** (Medtronics, Restore ADVANCED or INTELLIS) and a **16-electrode array**, implanted at T11-L1 over spinal cord segments L1-S1.

Mechanisms and structures involved in scES - “enabling” strategy

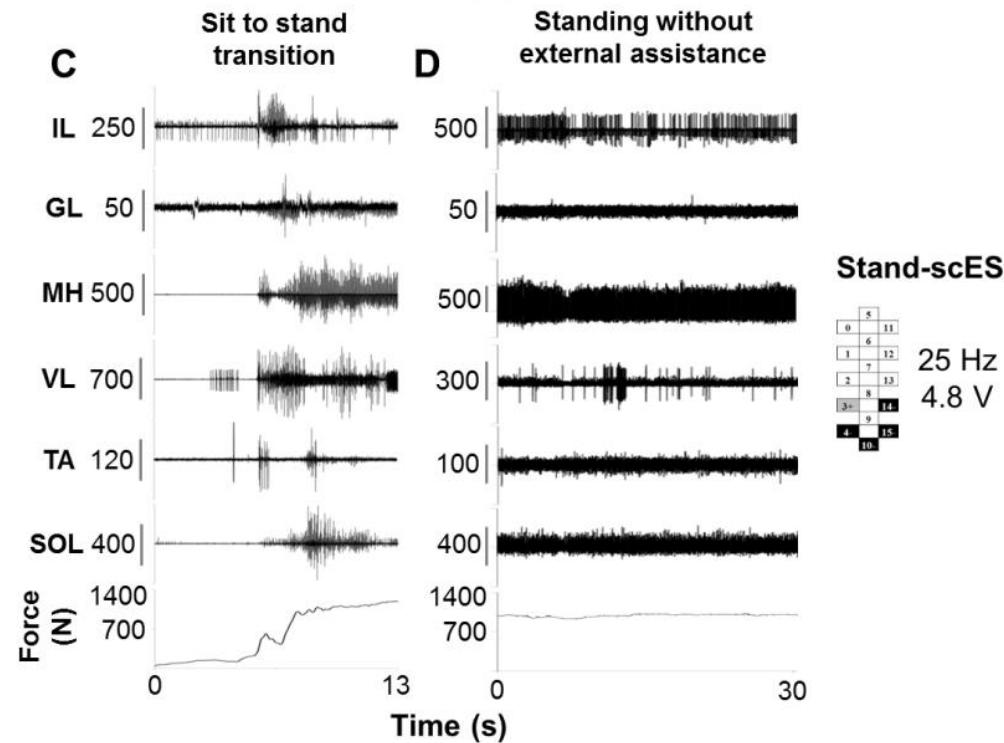
Gerasimenko *et al.*, 2015



-Primary recruitment of large myelinated fibers associated with somatosensory information, altering the excitability of spinal circuits involved in motor pattern generation.

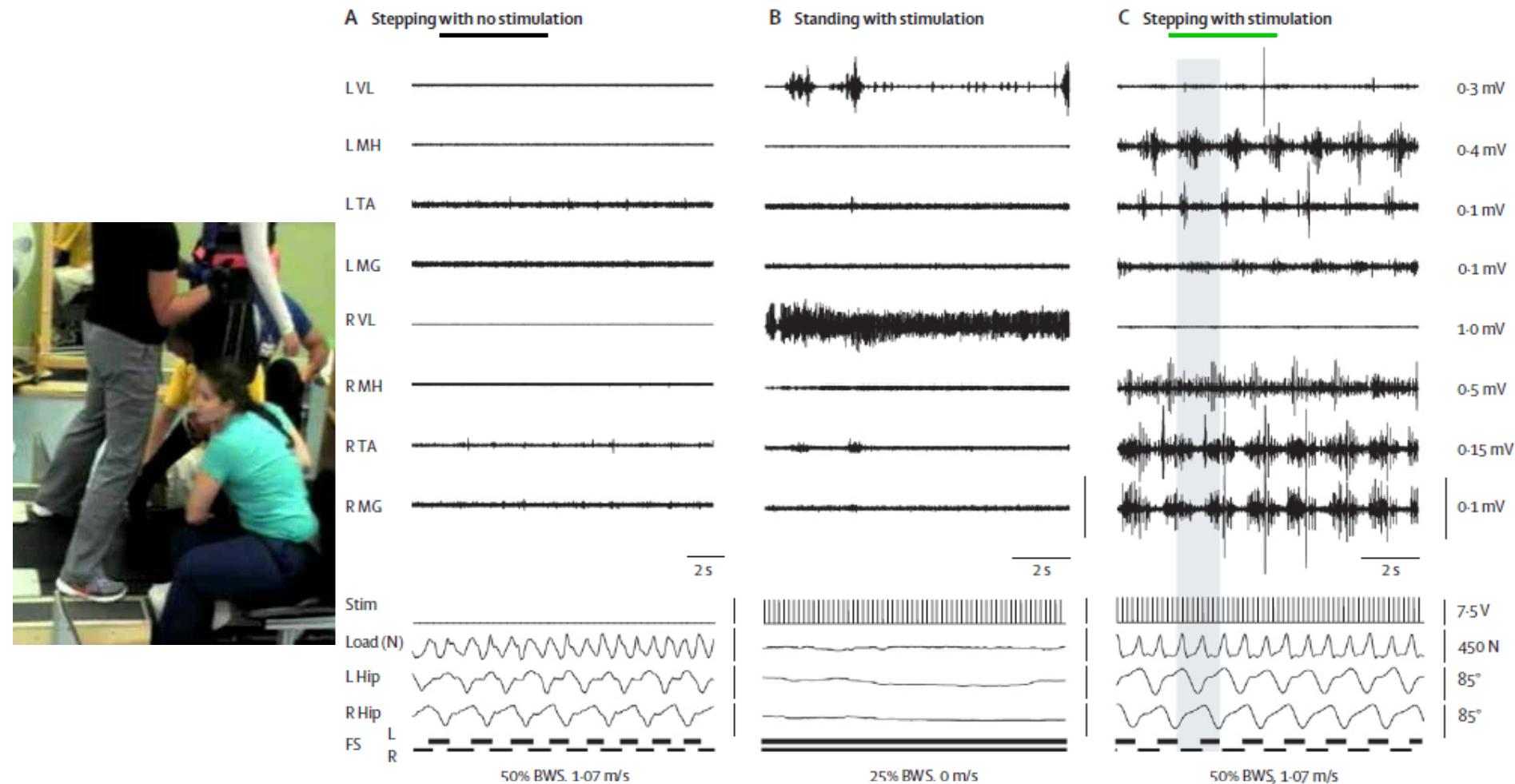
Capogrosso *et al.*, 2013; Moraud *et al.*, 2016)

Spinal cord Epidural Stimulation (scES) - “enabling” stimulation strategy

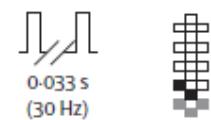


(1) Near-motor threshold stimulation amplitudes and
(2) relatively high frequencies, which induce little EMG and no movement during sitting, allow sensory information to serve as a source of control. (*Rejc et al., 2015*)

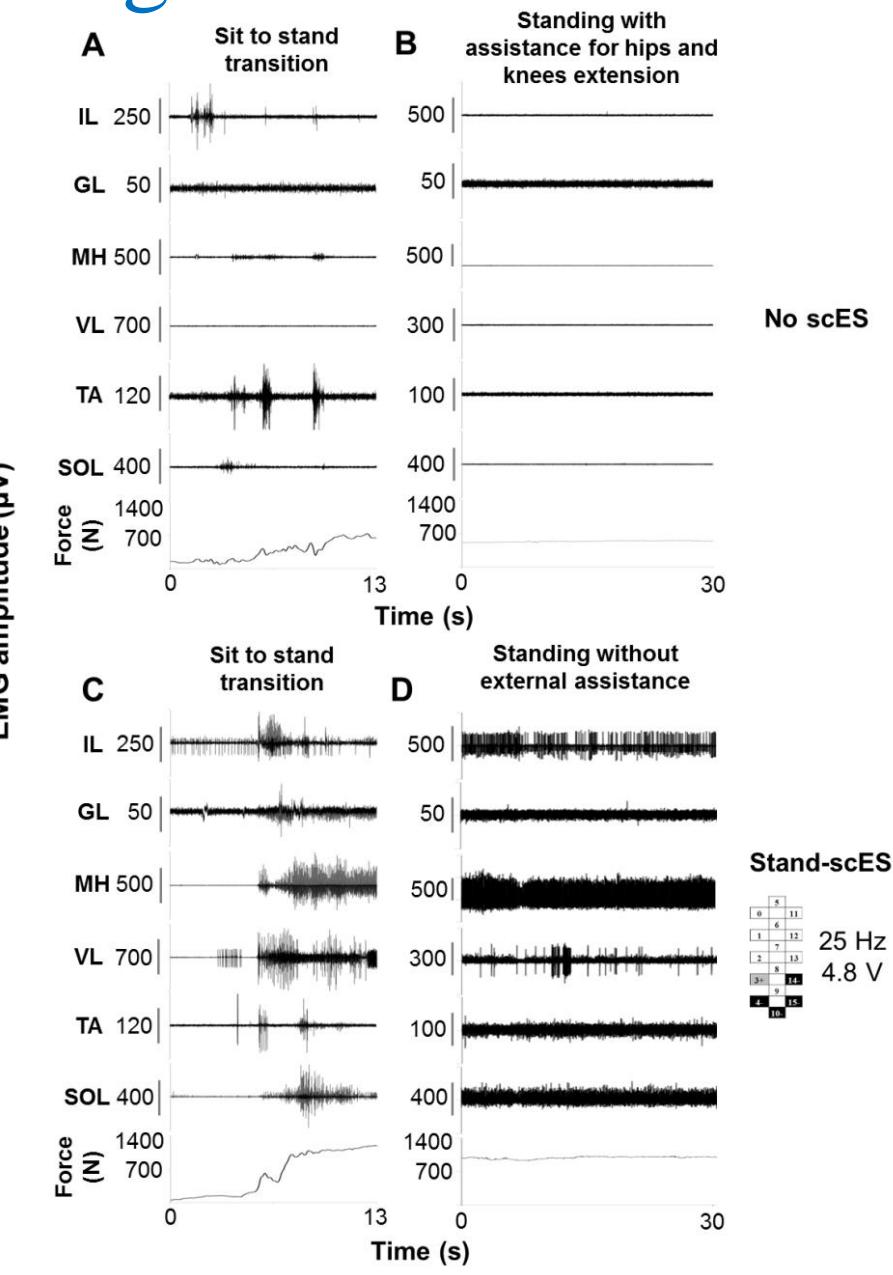
scES and assisted stepping



Harkema *et al.*, 2011



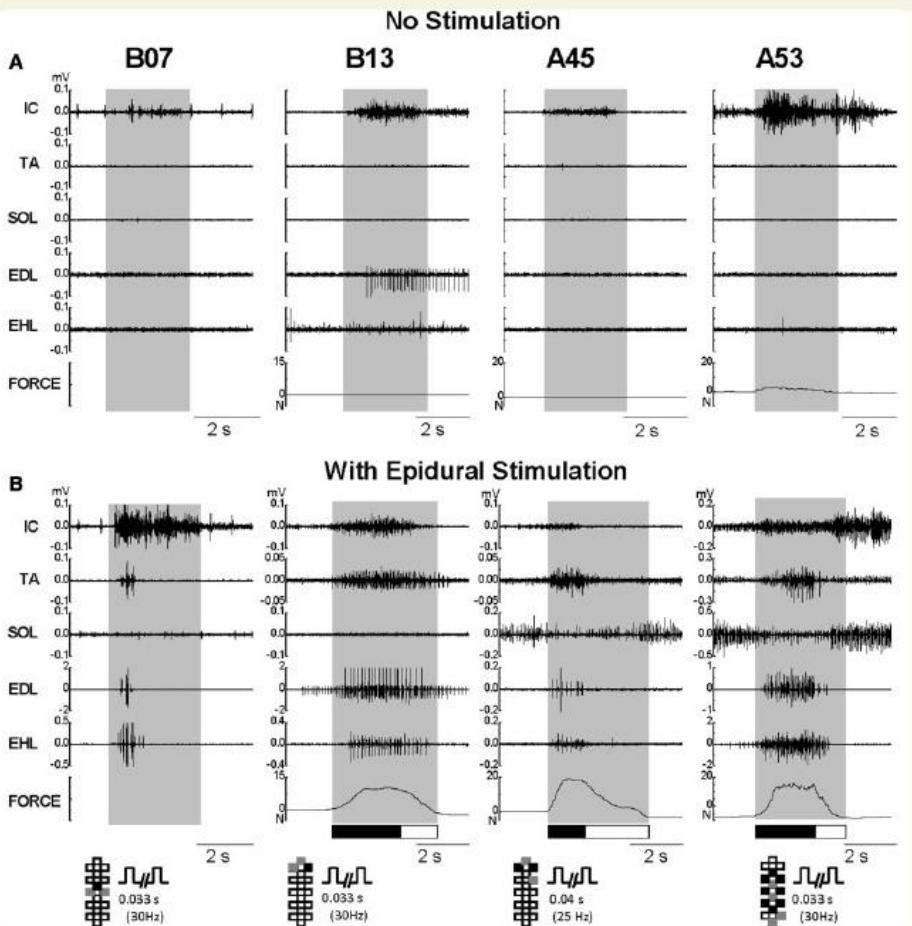
scES and training for standing



Rejc et al., 2015 & 2017

scES and training for volitional leg movements

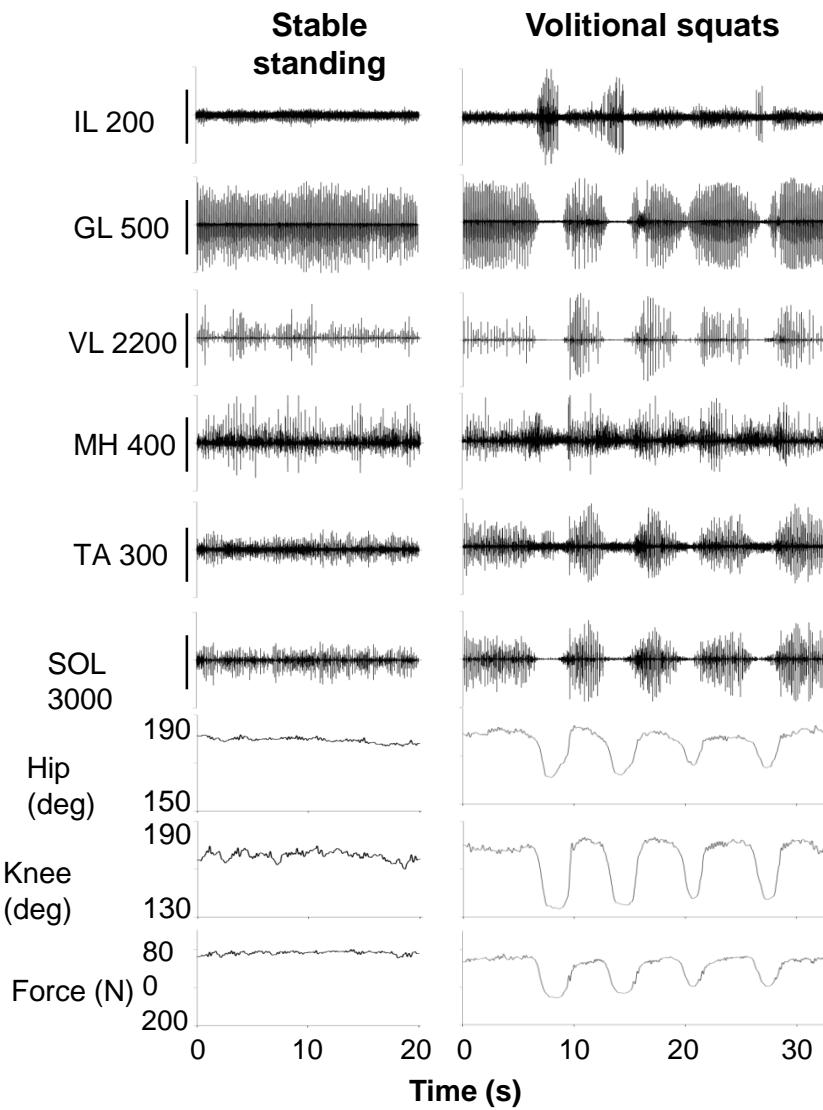
Sub-threshold scES can re-enable volitional motor control after paralysis through non-functional and /or non-detectable connectivity



Angeli et al., 2014



Volitional contribution during standing with scES

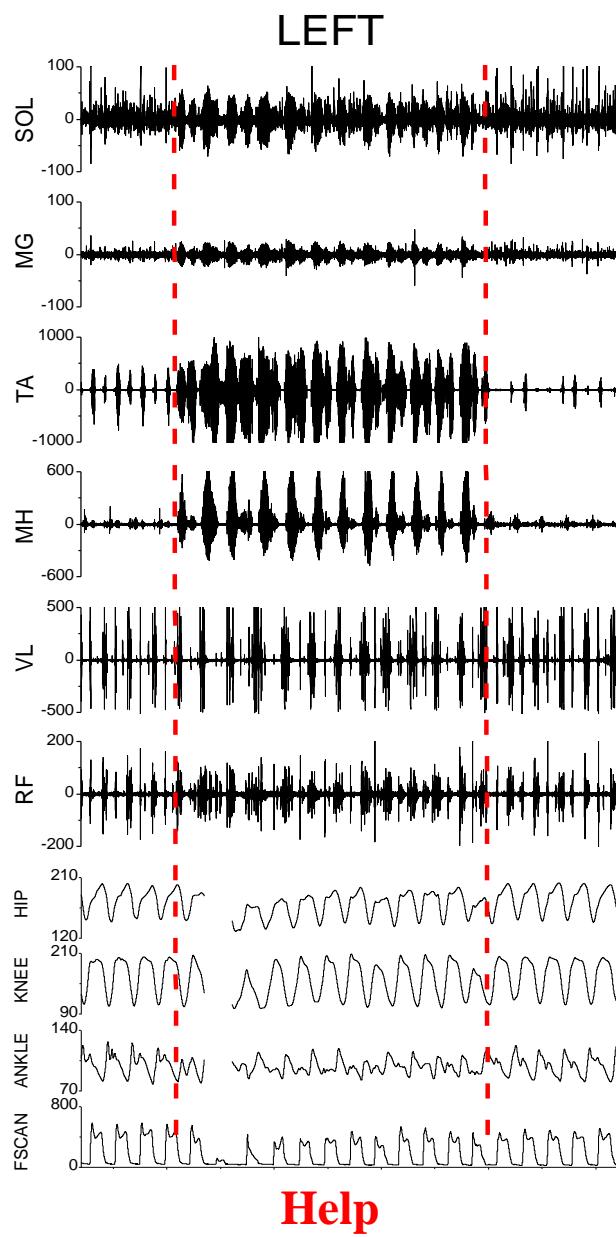


5	
0	11
1	6
2	12
7	13
3+	14+
8	9
4+	15+
10	

7.0 V
25 Hz

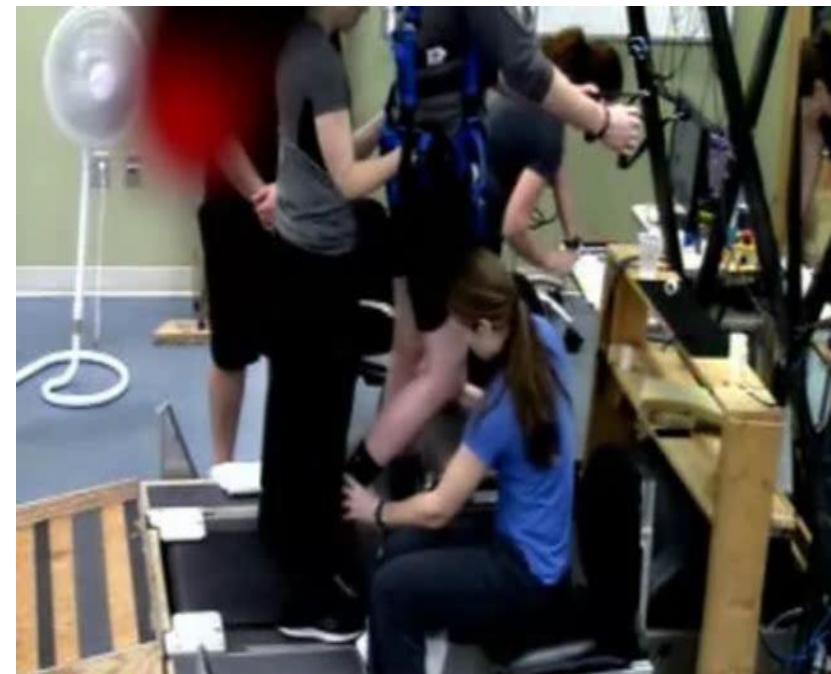
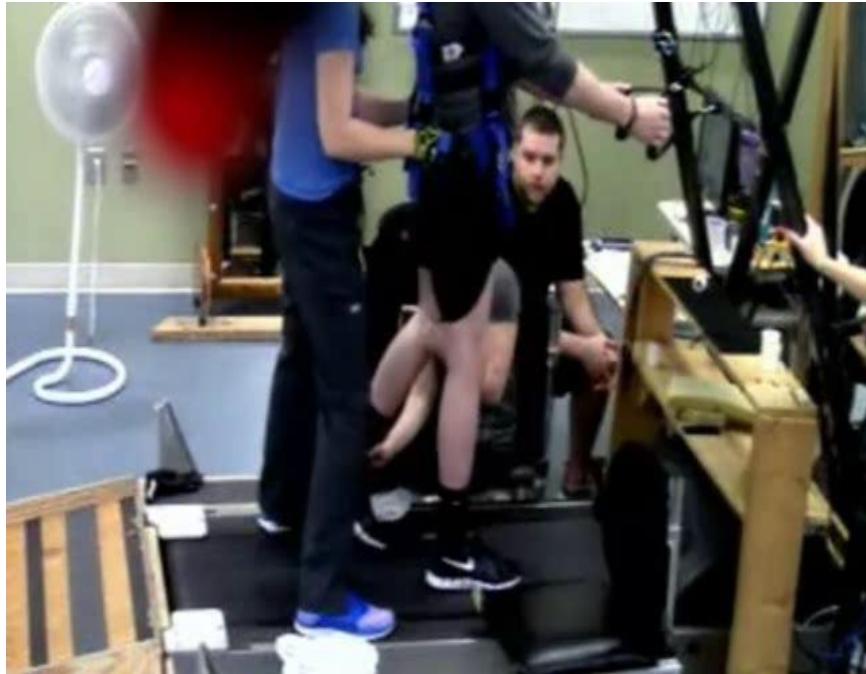
Rejc and Angelis, 2019

Volitional contribution during assisted stepping with scES



Active involvement of the participant substantially modulates EMG

scES, training and volitional contribution for stepping



Independent step cycle components during stepping on a treadmill

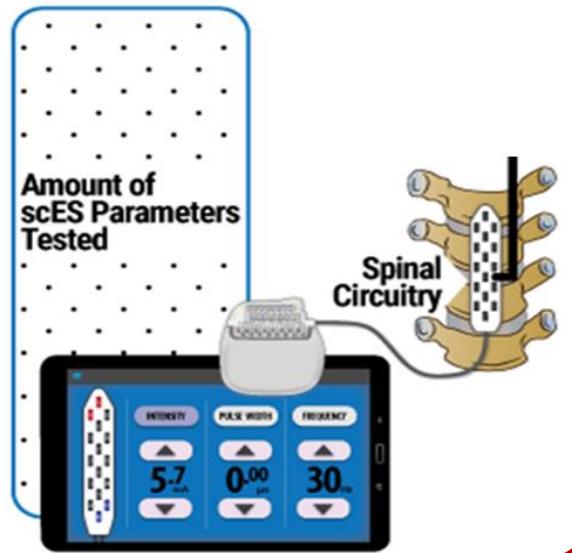
scES, training and volitional contribution for walking overground



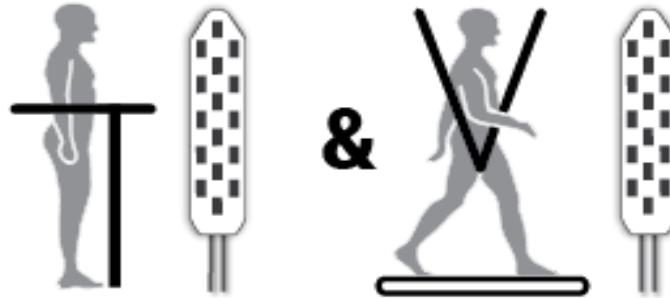
Angeli et al., 2018

Key factors for the recovery of motor function after motor “complete” using scES

1) scES parameters



2) Characteristics of activity-based training

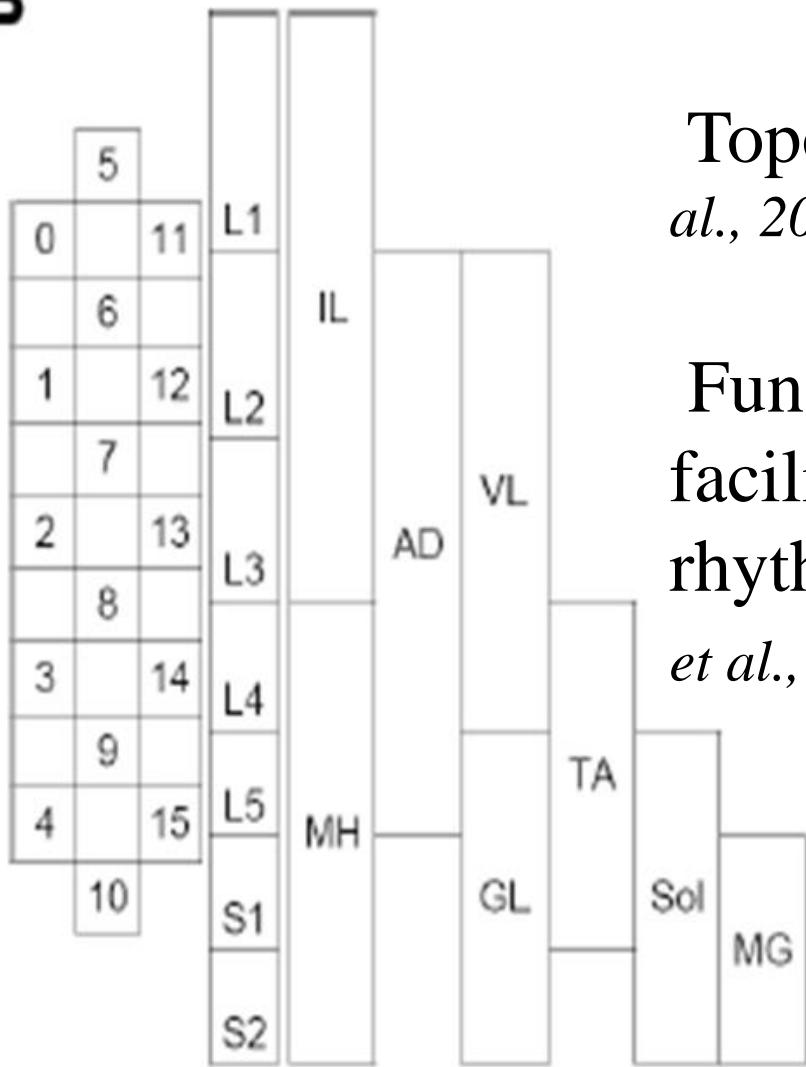


?) Characteristics of SCI and subsequent neural adaptations

scES parameters – electrode configuration 1

~ 4.3×10^7 combinations of electrodes.

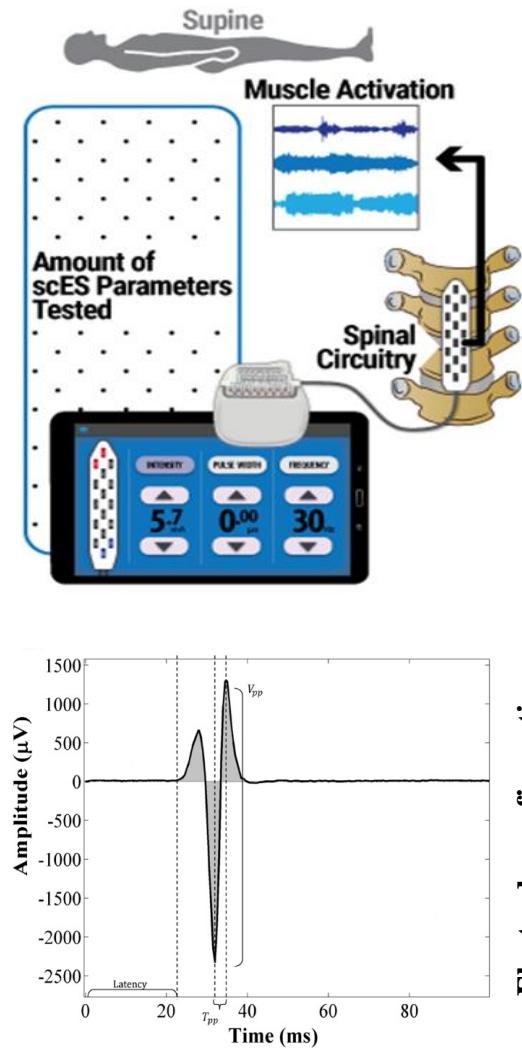
B



Topographical recruitment (*Sayenko et al., 2014*)

Functional characteristics of the facilitated pattern generation (i.e. rhythmic vs tonic activity, *Gerasimenko et al., 2008*)

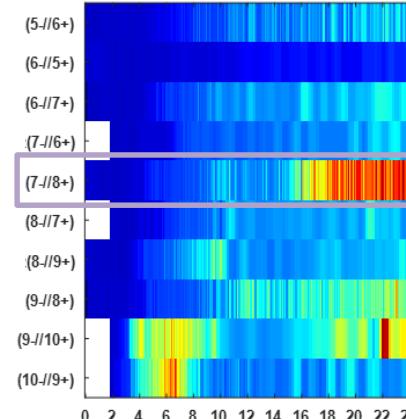
scES parameters – electrode configuration 2



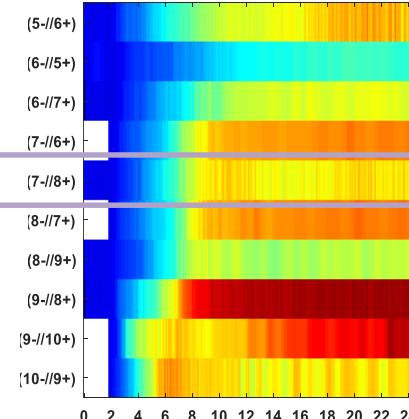
Individualized maps of motor pools activation – supine position

B

R VL



R MH



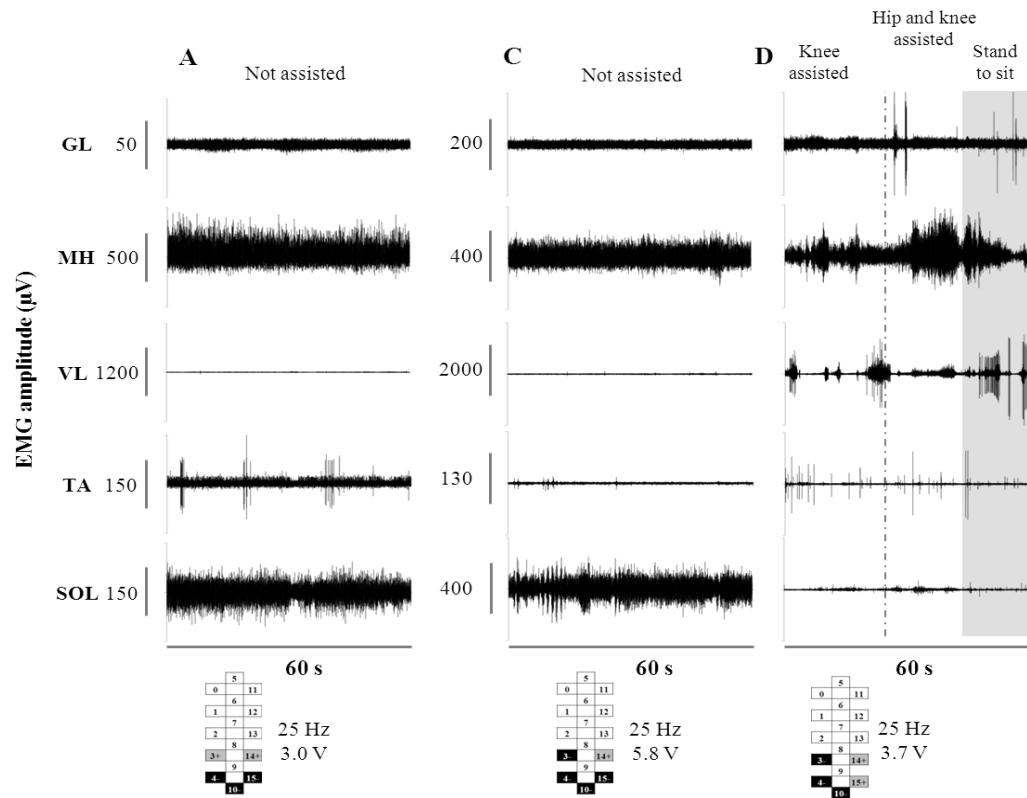
C



Stimulation current (mA)

Mesbah et al, 2017

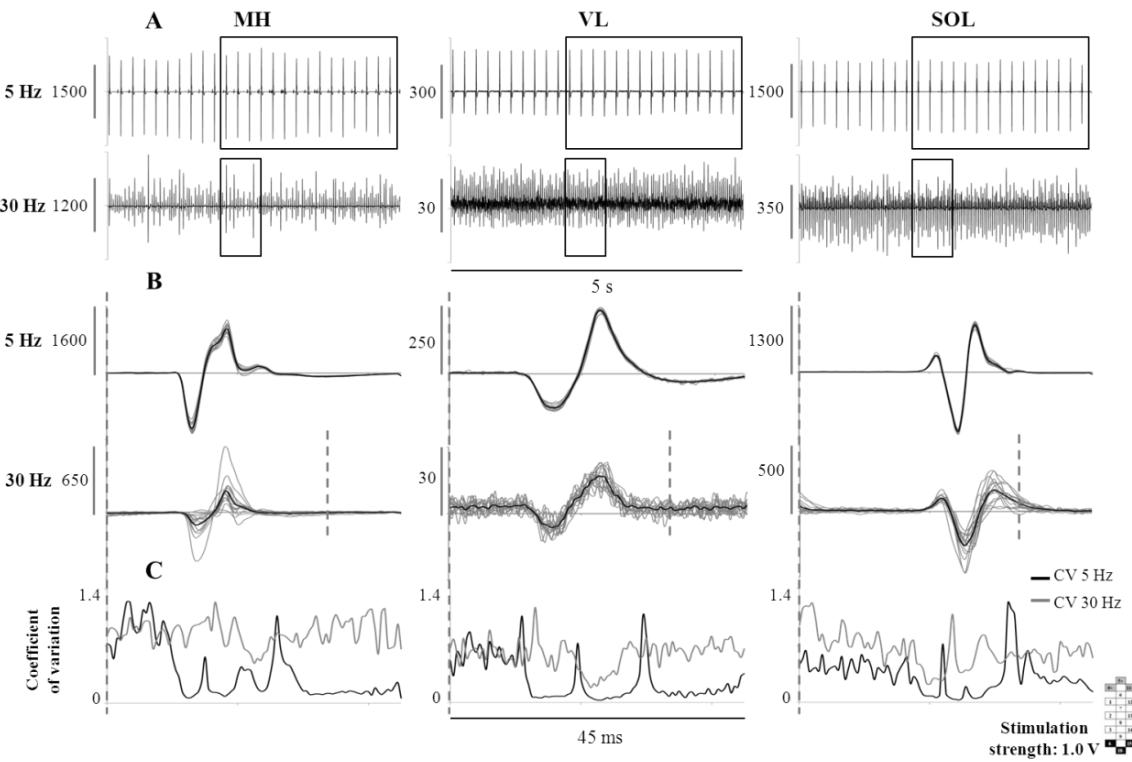
Minor electrode configuration adjustments may or may not result in a drastic change in motor output



Rejc et al., 2015

Selection of stimulation parameters – frequency

Higher stimulation frequency (i.e. > 25 Hz) facilitate: (1) rhythmic activity; (2) the progressive contribution of afferent inputs to shape the evoked responses through the activation of interneurons.



Low frequency (i.e. < 15 Hz): (1) favors extension pattern generation; (2) induce pulsatile muscle contraction

Jilge B, 2004; Minassian, 2004; Rejc et al., 2015

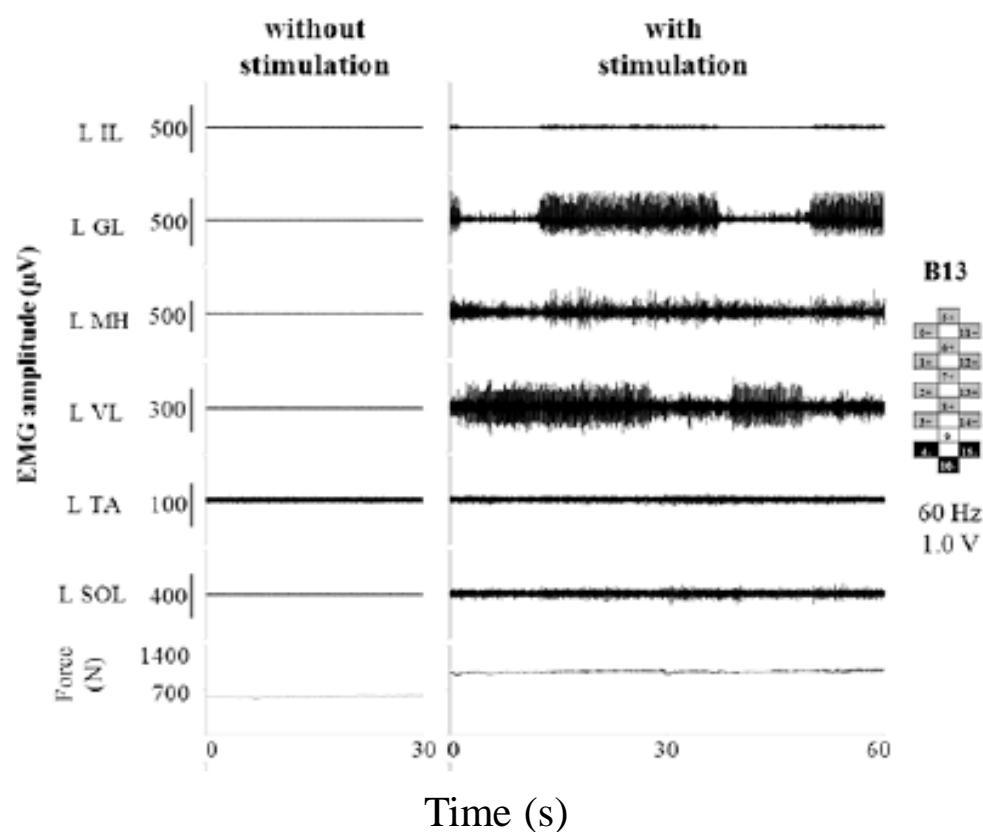
Selection of stimulation parameters – amplitude

Lower amplitude: initial recruitment of the lower threshold
afferent structures

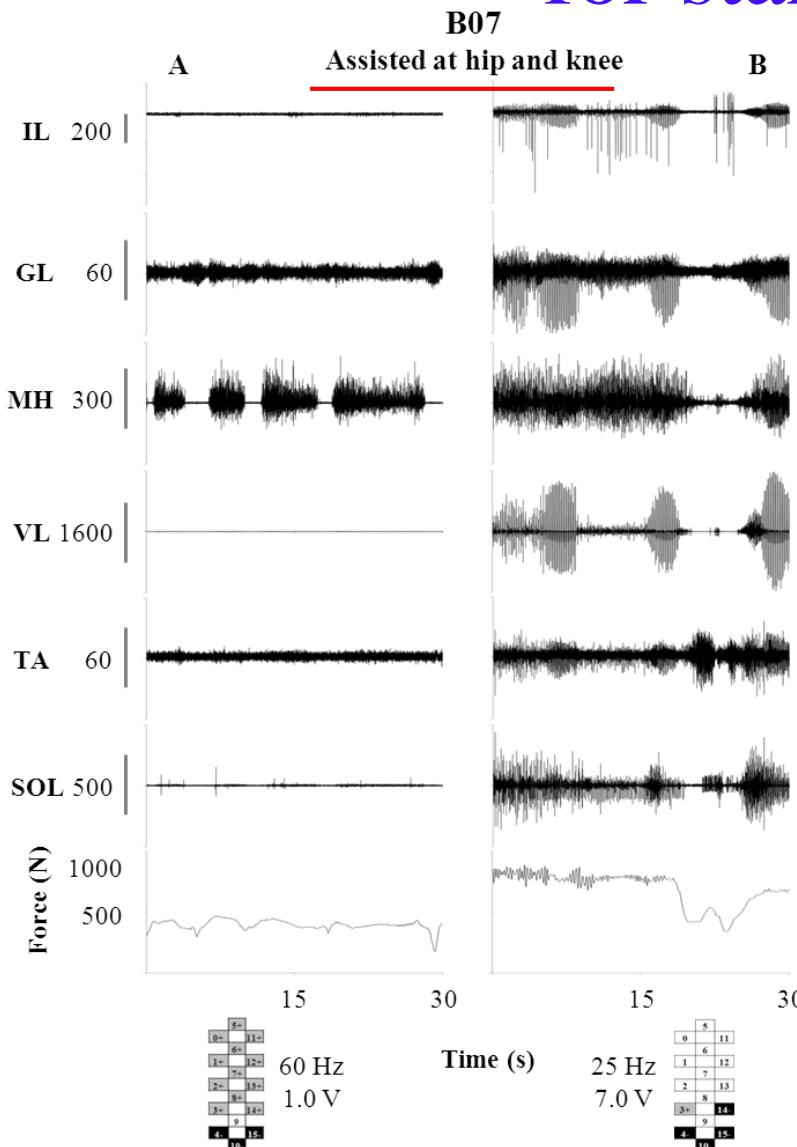
Higher amplitudes: more efferent volleys; possibly activating
motorneurons and/or anterior roots.

Sayenko et al., 2014

Individual-specificity of stimulation parameters – 1



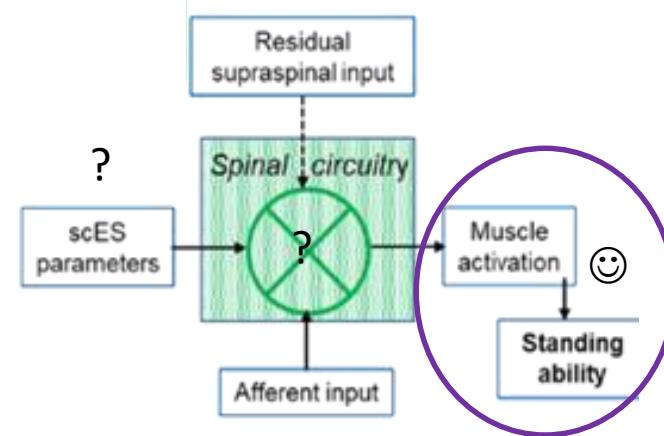
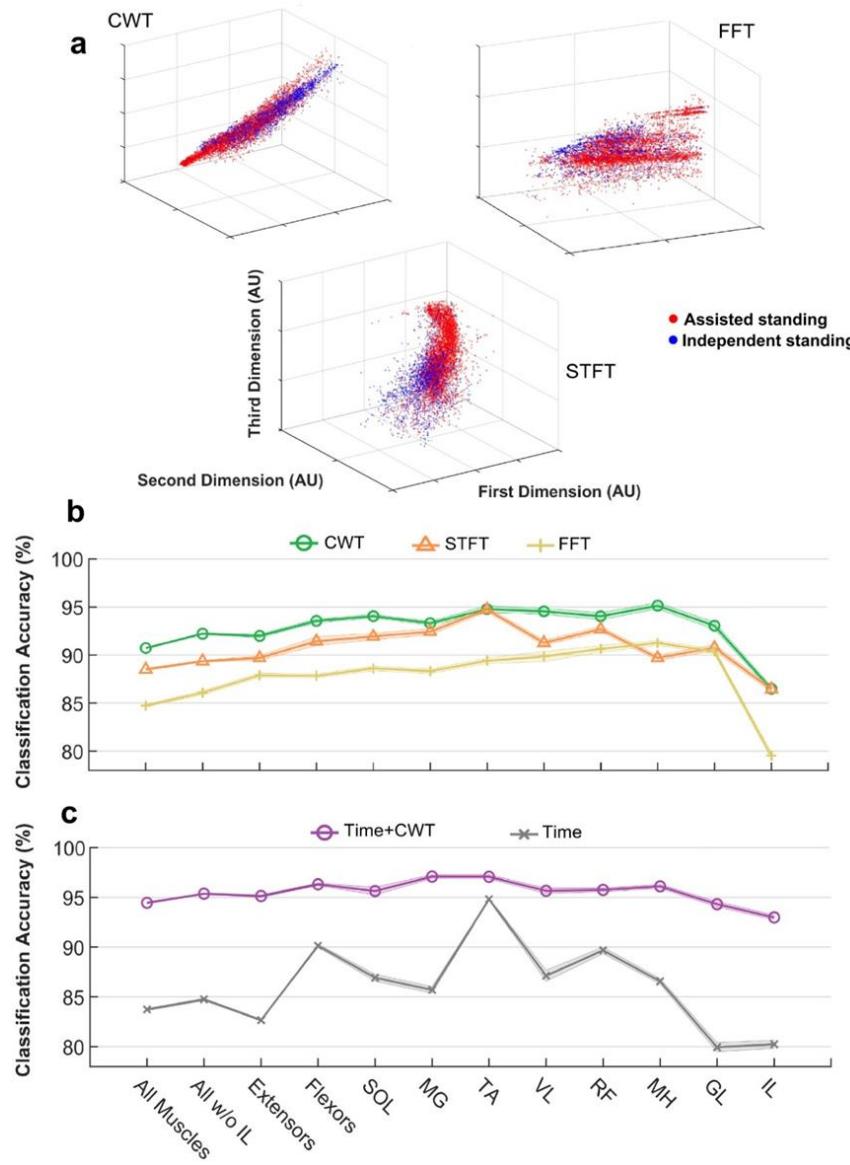
Individual-specificity of stimulation parameters for standing - 2



-Difference in:

- 1) spinal cord anatomy
- 2) position of the electrode array with respect to the spinal cord.
- 3) characteristics of the lesion and following plasticity influence the reorganization of the spinal circuitry, including interneurons function.
(Ivanenko 2005; Arber 2012; Beauparlant 2013)

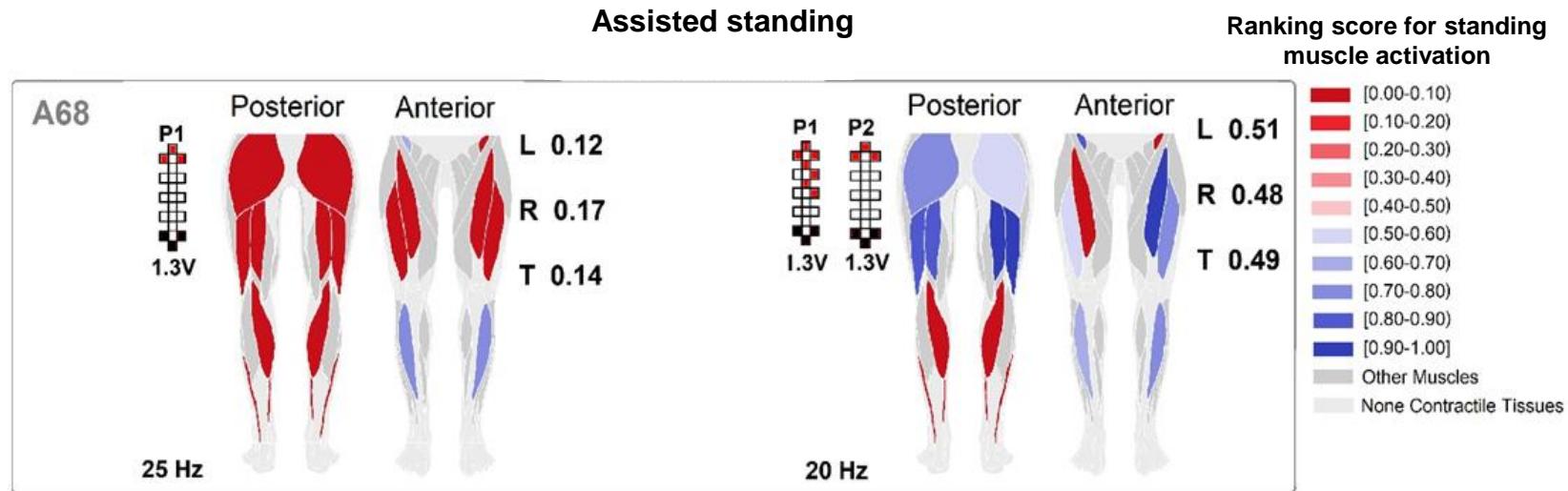
A step forward toward facilitating the selection of scES parameters - 1



Machine learning can
classify with high accuracy
standing ability based on
EMG-time and –frequency
domain features.

A step forward toward facilitating the selection of scES parameters - 2

Machine learning prediction algorithm can rank the effectiveness of EMG activity for standing.



Severe Spinal Cord Injury

Impacts sensory-motor and autonomic functions



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